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# TRADITIONAL BODY CARE METHODS - NATURAL ANCIENT WAYS TO KEEP YOUR BODY, HANDS, AND FEET BEAUTIFUL AND YOUNGER LOOKING (PAPERBACK)



Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Table of Contents Introduction Skin Cleansing Rubs For Oily Skin Skin Blemishes Combination Skins Dull and Lifeless Hair Problems of Excessive Sweating Hyperhidrosis And Mud Therapy Benefits of Using Mud Local Application of Mud Benefits of Mud Packs Having a Mud Bath Natural Skin Lightening and Anti-Tanning Methods Getting Rid of Wrinkles An Oil Polish...

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- Authored by Dueep Jyot Singh, Managing Director John Davidson
- Released at 2016



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