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Right Brain / Left Brain: Use Everything You've Got to Create a Great Life! (Paperback)

By Patricia Garry, Francine Haydon

Createspace, United States, 2012. Paperback. Book Condition: New. C Pic Michel (illustrator). 224 x 150 mm. Language: English . Brand New Book ***** Print on Demand *****.In Right Brain / Left Brain: Use Everything You've Got to Create a Better Life, authors Francine Haydon and Patricia Garry have plumbed their extensive backgrounds in alternative modalities to entertain and educate readers about how to get the the two sides of the brain - yin and yang, intuitive and logical - working together to make their dreams come true. Haydon and Garry are both intuitive readers, spiritual teachers and Reiki Masters, who have collaborated for the last decade on their Intuitive Insights column in the Whole Living Journal. Like their magazine readership, readers who embark on the duo's Right Brain / Left Brain adventure will learn to explore their intuitive sides to find inspiration, while practicing outside the box thinking to shift current realities. Once a dream / intention / goal is set, readers practice sound left-brain techniques to bring their dream to fruition, and the next dream, and the next! The authors' enthusiasm and commitment for this process is felt in every word and between the lines. Simple steps not...



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Reviews

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