



## Detoxification and Healing: The Key to Optimal Health (Paperback)

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By Sidney MacDonald Baker

NTC Publishing Group,U.S., United States, 2003. Paperback. Book Condition: New. 2nd Revised edition. 226 x 150 mm. Language: English . Brand New Book. Replenish, refresh, and revive your body with Dr. Baker s breakthrough program found in Detoxification and Healing Reviews from the first edition. Detoxification and Healing is at the leading edge of its field .destined, I believe, to move into the mainstream of medical practice treating toxins and their link to immunology and neurobiology .a pioneering opus of great importance - Charles Lee Remington, Lecturer and Professor Emeritus in Biology and Environmental Studies, Yale University. Dr. Sidney Baker begins the journey of understanding preventive medicine by introducing us to detoxification and healing .foreshadows an era of looking at health as a balance of internal and external chemistries, signals, and systems - Lloyd R. Saberski, M.D., Director, Yale University Center for Pain Management, and Associate Clinical Professor of Anesthesiology, Yale University School of Medicine.Let food be thy medicine and medicine be thy food with the natural detox program found in Dr. Sidney MacDonald Baker s bestselling Detoxification and Healing . Updated to prescribe simple, step-by-step treatments to alleviate your ailments, Dr. Baker arms you with immediate actions to take...



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