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Unstoppable Confidence: How to Use the Power of NLP to be More Dynamic and Successful

By Kent Sayre

McGraw-Hill Education - Europe. Paperback. Book Condition: new. BRAND NEW, Unstoppable Confidence: How to Use the Power of NLP to be More Dynamic and Successful, Kent Sayre, "If you are serious about gaining more confidence, you must get this book!" --Robert Allen, bestselling author of The One Minute Millionaire Imagine having the confidence and courage to go after your goals: a successful career; a rewarding relationship; a richer, fuller life. If you can dream it, you can do it--using the scientific methods of Neurolinguistic Programming (NLP). Through NLP, author Kent Sayre transformed himself from a painfully shy introvert into one of the nation's most dynamic NLP trainers. He's taught thousands how to break out of their shells and go after their dreams. Now, with his proven system, you too can harness the power of NLP and: Blast out of your comfort zone Shatter your limiting beliefs Boost your confidence--instantly! This isn't a collection of "pie in the sky" theories and "go for it" pep talks. It's a step-by-step program of ready-to-use tools, verbal and nonverbal techniques, and practical thinking exercises that direct your mind toward your goals. You'll be amazed how easy it is to interact with others; embrace opportunities;...



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