



## Tibetan Medicine: With Special Reference to Yoga Sataka

By Vaidya Bhagwan Dash

Hind Pocket Books, New Delhi, India. Softcover. Book Condition: New. Tibetan Medicine with special reference to Yoga Sataka by Vaidya Bhagwan Dash, now in its fourth reprint, has become an authoritative source of reference for both the students and specialists of the discipline. Dr. Dash, the author himself is an authority on both Ayurvedic and the Tibetan system of medicine. Widely travelled in countries and regions like Mongolia, Bhutan, Ladakh and Dharmasala where the Tibetan system of medicine is widely practised, the author has met scores of experts in this field and has drawn both from his practical experience and theoretical expertise in preparing this work of excellent and important scholarship on Tibetan medicine. Based mainly on the Sanskrit text of Yoga Sataka and allied Ayurvedic works, Dr. Dash reveals the significant contributions of ancient Indian doctors in the development and growth of the science of medicine in Tibet. Besides a probing critical study of the Yoga Sataka discussing Salakya tantra, Salya tantra and Agada tantra etc., the work provides a comprehensive glossary and bibliography of great use for the students and scholars of Tibetan medicine. Printed Pages: 390.

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