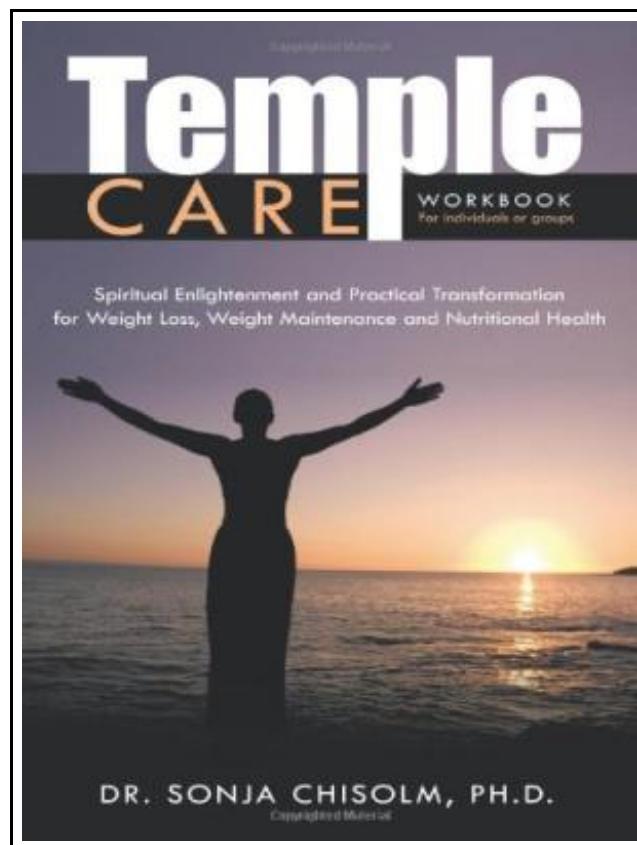


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AUTHORHOUSE, United States, 2010. Paperback. Book Condition: New. 277 x 211 mm. Language: English . Brand New Book ***** Print on Demand *****. Or do you not know that your body is the temple of the Holy Spirit who is in you, whom you have from God, and you are not your own? For you were bought at a price; therefore glorify God in your body and in your spirit, which are God's. 1 Corinthians 6:19 20 NKJV The Temple Care Workbook is designed for spiritual enlightenment and practical transformation in the areas of weight loss, weight maintenance and nutritional health. How you care for your body is a spiritual issue, being that it is intended to be the permanent residence of God's very Spirit! Temple Care goes beyond health/bodily and psychological issues. Ultimately, God has created your body to be a spiritual place for holy use and Spirit led care. Therefore, evoking God's Spirit to empower your spirit in overcoming the destructive desires of your flesh is the only true way to break the bondage of your fleshly appetite. If you are trying to discipline your flesh through your own willpower, then you will often experience great frustration, deceive yourself about the source of your true power, and have temporary success. Growing through the process of truly developing your spiritual nature will bring about long lasting, often completely liberating change in your mind, body and spirit! Temple Care is about walking you through this exciting process of transformation and liberation!.



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