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## Recovering the Self: A Journal of Hope and Healing (Vol. IV, No. 1) -- New Beginnings

By Debra Kelly

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0.4in. Recovering the Self: A Journal of Hope and Healing (Vol. IV, No. 2) April 2012 Recovering The Self is a quarterly journal which explores the themes of recovery and healing through the lenses of poetry, memoir, opinion, essays, fiction, humor, art, media reviews and psychoeducation. Contributors to RTS Journal come from around the globe to deliver unique perspectives you won't find anywhere else! The theme of Volume IV, Number 2 is New Beginnings. Inside, we explore physical, spiritual, and mental aspects of this and several other areas of concern including: Traumatic loss Health crisis and recovery Challenges of creative work Substance abuse recovery Postpartum anxiety Forgiveness Life after divorce Psychiatric hospitalization and recovery . . . and much more! This issue's contributors include: Eleanor Leonne Bennett, Barbara Sinor, Trisha Faye, Ken La Salle, Martha M. Carey, Bonnie Spence, Jenny Ekern, Rosana Brasil, Debra Kelly, Dinah Dietrich, Nancy-Gail Burns, Sam Vaknin, , Marissa Nielsen, Kat Fasano-Nicotera, Sweta Srivastava Vikram, Sarah Jane Conteh, Candide Massocki Kristin L. Werner, Holli Kenley, Patricia Wellingham-Jones, Michelle Mercurio, Steve Sonntag, Talya Jankovits, Telaina Eriksen, Liz Ferro, James John Magner, Marianne T....



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