



## Empowering Coaching and Crisis Interventions (Paperback)

By Dean Amory

Lulu.com, United Kingdom, 2013. Paperback. Book Condition: New. 297 x 210 mm. Language: English Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. Every day, many people provide support to other people that are passing through a difficult phase in their lives or are affected by crisis, disaster or other critical events. The purpose of this guide is to help lay counsellors, relatives and friends of people in need to discover empowering techniques for supporting the people around them that find themselves afflicted by crisis. The shoulder and ear of a friend or a lifeline volunteer, should never replace professional counselling where this is needed; yet, not all people affected by crisis need or want professional help and often the input of a peer: a fellow journeyer or trusted friend or relative, will suffice to help the person affected by crisis to get back on his feet. Since all of us will find ourselves sooner or later in a situation in which relatives or friends need our help and support, we may as well prepare ourselves for the occasion.

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